



Help your Brothers and others!

We'll get through this together.

Freemasons Giving a Helping Hand

Please consider donating any of the following items which will be distributed to families in need during these trying times.

ESSENTIALS

Water
Peanut butter
High energy foods
Fruit Bars
Brown Rice
Canned or Pouch Salmon
Canned or Pouch Tuna
Canned or Dry Beans
Canned Meat
Canned Vegetables
Canned Fruits
Crackers
Nuts – Almonds & Walnuts
Trail Mix Packets
Beef Jerky
Honey
Powdered Milk
Tang
Coffee – ground/instant/freeze dried

HOME NEEDS

Trash Bags
Dish Soap / Laundry Detergent
Paper Towels
Bleach

INCIDENTIALS

Food for infants
Baby Formula
Comfort/stress foods
Pasta
Jams and Jellies
Iodized Salt
Sugar
Flour
Tea
Pet Food
Canned Soup
Coloring Books & Crayons
Playing Cards

PERSONAL ITEMS

Toothpaste
Hand Sanitizer
Toilet Paper
Shampoo
Bar Soap
Basic First Aid Kit